

# Friday Night **RAW POWER** and Wild Game Feast

December 7, 2007

Metroflex Gym—2921 South Cooper Street #109-Arlington, Texas

## **EVENTS:**

- Raw Bench
  - Raw Dead Lift
- (Belt, Wrist Wrap ONLY)**

## **Cost:**

- \$30 per division
- \$50 for both events

## **13 to 19 Years Old:**

- \$20 per division
- \$30 for both events

**NO CARD FEES FOR  
THIS EVENT**

## **Prizes & Awards**

- Trophy for Top 5 in event class
- Trophy for Overall Best Lifter per body weight

Contact Brian Dobson  
817.465.9331

Email Questions  
marketing@sportsintell.com

Go to  
[www.metroflexgymproductions.com](http://www.metroflexgymproductions.com)  
for entry forms



**Weigh -In: Friday December 7, 2007—Time: 9:00 a.m.—6:00 p.m.**  
**Rules Meeting: 6:15 p.m.**  
**Start Time: 6:30 p.m.**

<b>Division</b>	
Teen - Open/Novice	13-15, 16-17, 18-19
Sub-Master	35-39
Master	40-49, 50-59, 60-69, 70-79, 80-Over
Police & Fireman Military	
Special Needs Division	
Weight Classes	Men: 114, 121, 132, 148, 165, 181, 198, 220, 242, 275, 308 SHW Women: 95, 105, 114, 123, 132, 148, 165, 181, 198, SHW

NOTE: 25% of the proceeds from this event will be donated to the Open Door Ministries Food Bank. In 2006, the food bank provided over 1 million pounds of food to families in need.

